

# Chakra Healing Results - *Before* and *After*

NAME:

DATE:

**BEFORE HEALING:**

**AFTER HEALING:**

ROOT CHAKRA



ROOT CHAKRA

SACRAL CHAKRA



SACRAL CHAKRA

SOLAR PLEXUS CHAKRA



SOLAR PLEXUS CHAKRA

HEART CHAKRA



HEART CHAKRA

THROAT CHAKRA



THROAT CHAKRA

THIRD EYE CHAKRA



THIRD EYE CHAKRA

CROWN CHAKRA



CROWN CHAKRA