

Online Classes Kickoff

Welcome to Visions & Vibes Online Class Kickoff. We are keeping it mystical and practical. This class is a quick tech check, where to find worksheets, and replays, class subjects, and polls on certain topics.

Quick Preflight Check:

- Plug in headphones
- Close extra apps.
- Set device on DO NOT DISTURB.
- Light in front of face, not behind.
- Water, journal & pen, deck, comfy seat.
- Keep tools needed for class nearby.

Universal Class Etiquette:

- Consent come 1st. All classes are recorded. Choose camera on or off at any time.
- Be kind in the chat, on camera, and mic.
- No health claims. No spam. Stay on topic.
- One question at a time and type “got it” so that I know you understood.
- Take space & give space. Share your insight in one min or less, then pass the mic.
- During Demos: take snapshot of what is being shown, take notes for reflection later.

Pay for Classes by going to Event Page (not using services for next online classes)

- Find the class, event, workshop, etc that you would like to be apart of.
- Click buy ticket.
- Put how many tickets you are buying.
- Click checkout, fill out the form, and pay.
- You should get a confirmation email of event. If it is online you should get a link and password for zoom. If you do not get this email. Please contact me @ visionsvibesllc@gmail.com with your name, event, how many tickets you bought, and issue.

Where to find replays:

The plan is to have replays email to students.
However, this is tricky.

All worksheets and replays will be found on visionsandvibes.org site.

Click on class page you are attending.

On this page you will find troubleshooting tips, online class kickoff information, and class access.

Click class access for the class you are attending.
Type password in.

All class information and replays will be password protected.
I will give passwords during class and I also plan to have them emailed to you once I am able to get that issue resolved.

You can also email me at visionsvibesllc@gmail.com for your password to class access.

You must pay for the class that you are trying to access.

Once you pay for the class you have lifetime access to that class.
I do not know how long zoom keeps replays accessible.

***** If you do not want to appear in replay, keep camera and mic off, use first name, and use chat only. *****

Worksheets:

Worksheets will be in class access page. PDF format.
Personal use only.
Please DO NOT redistribute worksheets.

Vote for Zoom or Youtube

Hybrid Classes:

In-person & online students in one class.

Must consent. (See more on this in troubleshooting tips)

This is a recorded hybrid session. By staying on camera or mic you consent to be seen or heard by the group and in the replay. Camera off and chat only are always allowed. Use first name if you prefer.

Goals:

Replays on class access page and email within 24 hrs.

Tarot Class:

Deck: Rider-Waite Deck

The Rider-Waite deck is often recommended for beginners due to its rich symbolism and imagery. Its clear illustrations and traditional meanings make it easier to understand the cards and their interpretations.

Myths:

Tarot tells the future.

It is a forecast.. not fate. Think of tarot as a friend or therapist.

Tarot gives probabilities, patterns, and the energy you are bringing into a situation.

It explains what can possibly happen if you continue on this path.

We have free will. You change a choice, the outcome shifts.

Read the cards for clarity and to help make choices.

You must be gifted your deck.

Consent, alignment, and connection is everything. The deck chooses you when you choose the deck.

You can not read for yourself.

This is the best way to connect to your cards. Great to use when journaling or doing shadow work on yourself.

No-one should touch your deck.

This is personal preference. I personally have decks people are allowed to touch and some that no-one is allowed to touch. Boundaries are always important be sure to know what yours are and keep them consent. That

way you deck is not confused. However if someone does touch your deck and you did not want them do. Cleanse and recharge them.

How to Cleanse and Charge Tarot Cards:

Cleaning and charging your tarot cards is essential for maintaining their energy and ensuring accurate readings.

Smoke Cleanings:

Pass the cards through the smoke of sage, palo Santo, incense, etc. Imagine all the negative, old, or stuck energies are being removed from the cards.

Sound Cleansing: Great for people who can not use smoke cleansing.

Use a singing bowl, bell, or even clap your hands to create sound vibrations that can cleanse the cards.

Moonlight Charging:

Place your cards under the moonlight overnight during a full moon. Be careful not to do this under a eclipse. Eclipses carry a chaotic energy and that would connect to your cards.

Crystal Charging:

Use crystals like selenite/satin spar, clear quartz, black kyanite, to charge or clear your cards by placing them on or near the cards. Selenite/satin spar and Black Kyanite clears anything it touches. Clear Quartz amplifies anything it is near.

(Selenite and satin spar are both varieties of the same mineral, gypsum. They only differ in their crystal structure. They both do the same thing spiritually and can be used interchangeably.)

Card Storage:

They can be kept in their original boxes, in a wooden box, tarot bag, silk, altar cloth, ect. (No wrong way. It is all in preference.) Intent is everything.

Before reading the cards:

Clear your energy. Get Grounded. Decide on a spread and question. (preferably open ended questions... yes/no questions are tricky)

Decide how you shuffle your cards. **Important** to note that when you flipped that cards over you always turn them side to side if you are using reversals.

Use a journal to keep track of your reading. This will help you learn and connect to the cards. It can also help you see patterns in your readings.

After your reading.. Show gratitude to the cards. Ground yourself again. Store your cards in your preferred method.

Best ways to study the cards:

Daily draw: pull one card a day to reflect on its meaning. Journal when you pull that card what the meaning was and then at the end of the day journal a reflection of if it resonated the the day's events and if not how can you see that meaning in the card. Maybe you could not see that meaning at 1st. Every time we look at the cards they can offer a different meaning.

Study Groups: join or form a study group.

I have a group on fb called vamp's tarot. Please use this group for free practice.

Books- there are a ton of books on tarot find one or more on the subject read them and make your own notes.

Practice readings- Conduct readings for yourself, friends, family to gain experience.

Incorporating Shadow Work with the Tarot Cards:

Shadow work involves exploring the unconscious parts of your personality. Shadow work is a term invented by Carl Jung. The Shadow is the hidden disowned parts of the self. He taught that integrating it is a part of individuation, the growth toward wholeness.

Identify Triggers: Use the cards to identify what tiggers an emotional response.

Reflect on the Major Arcana: Focus on cards that resonate with your shadow aspects.

Journaling: Write about your feelings and insights from the readings.

Astrology Class: Taylor Talk

Astrology 100-300

Learn how to create a natal chart and decipher it for personal use. Using your date/time/location of birth, the class will go over each placement, aspect, and node to help you find out more about yourself and how you react to the world around you. This class also goes over learning each sign, planet, node, and aspect and how it can affect the way you communicate, learn, and handle issues in your life.

Chiron:

This class will be over the specific node called Chiron, which is an asteroid. This node represents healing and wounds. It's a great placement to study to find out how you deal with conflict, heal from it, and teach others how to deal with situations you've been through. Each class will go over the node in depth and by the end of the class, you will be an expert on Chiron.

Astral Projection Classes:

For each class, no need to bring anything. Just make sure that you will have a comfortable space to lay on for the class, as we do guided meditations at the end of each class. You can have your computer for notes, or a writing utensil/paper but its not required.

Astral Projection 101:

An Intro to astral projection. This class will happen every couple of months to help those new with astral projection. The class will go over how to prepare to astral project by protecting yourself, grounding, and setting an intention. This class will also include a guided meditation to help meet and connect with your spirit guides.

Astral Projection Elemental Meditation:

This class will go over each element (Fire, Air, Water, Earth) and how to use them in your meditation practices. Each class will include a guided meditation to practice using that specific element as well as the history of using each element in different cultures, lists of herbs/crystals/etc that include that specific element, and learning how to set an intention for each element.

Astral Projection Healing:

This class will only be offered every 3-4 months. This will be an intensive class only for those who are seeking to use Astral Projection to deal with past traumas and emotional baggage. You will learn how to go back into your past, speak to your past self, and release the chains of trauma that have bound you.

Boundaries and Disclaimer:

Educational and spiritual growth only.
Not medical, legal, or financial advice.
Take what resonates and leave the rest.

Any Questions?

Closing:

Deep Breathe in. Exhale. Set one intention to practice this week.
Thank you for bringing your energy. I appreciate you.